



# BLUEGRASS TELEHEALTH

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## MEDICARE GLP-1 BRIDGE PROGRAM

*A Guide for Medicare  
Beneficiaries*

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The Medicare GLP-1 Bridge Program may help eligible Medicare beneficiaries access certain FDA-approved weight loss medications at a reduced cost.

This guide explains who may qualify and what to expect in a clear, practical way. It is designed to help you understand the main eligibility tiers and the next steps in the process.

## Who May Qualify?

<b>BMI 35 or higher</b>	No additional qualifying condition required.
<b>BMI 30 or higher</b>	Plus ONE of: Heart Failure with preserved ejection fraction, Uncontrolled hypertension, CKD Stage 3a+
<b>BMI 27 or higher</b>	Plus ONE of: Prediabetes, Prior heart attack, Prior stroke, Symptomatic peripheral artery disease

# Your Cost

\$50 per 28- or 30-day supply

## Important to Know

✓	<b>Does NOT count</b> toward your Medicare Part D deductible
✓	<b>Does NOT count</b> toward your annual Part D out-of-pocket maximum
✓	<b>Cannot be</b> reduced by the Extra Help (LIS) program
✓	<b>Cannot be</b> combined with manufacturer savings cards or coupons
✓	<b>Cannot have</b> Type 2 Diabetes, Moderate to Severe Obstructive Sleep Apnea or advanced fatty liver disease.

## Frequently Asked Questions

<b>Do I automatically qualify?</b>	No. Every patient must meet CMS eligibility requirements.
<b>Does my provider have to submit paperwork?</b>	Yes. A prior authorization is required.
<b>Will everyone be approved?</b>	No. Approval is determined by the Medicare GLP-1 Bridge Program.
<b>Can Bluegrass Telehealth guarantee approval?</b>	No, but we'll determine whether you appear eligible and submit the required paperwork if appropriate.

# How Bluegrass Telehealth Can Help

- **Determine eligibility** – We'll review the basic Medicare GLP-1 Bridge Program criteria with you.
- **Review your medical history** – We'll look at your relevant conditions, medications, and care goals.
- **Submit the required prior authorization** – If you qualify, we'll prepare and send the paperwork needed for review.
- **Discuss alternative options** – If you do not qualify, we can help you explore other treatment paths.

Schedule Your Consultation

*Important: The Medicare GLP-1 Bridge Program is administered by the Centers for Medicare & Medicaid Services (CMS). Program requirements and covered medications may change. Eligibility and approval are determined by CMS, not Bluegrass Telehealth.*